

**12**  
**DAY FAST**  
**AND CONSECRATION**

*Daniel 1:12*  
*Starting Wednesday January 19th and*  
*ending Sunday January 30th*

# What Kind of Fast?

- What Kind? Daniel Fast
- Daniel Fast reference Daniel 1:12.
- You can find more information about this type of fast by going to <https://www.missionariesofprayer.org/2020/01/a-guide-to-the-daniel-fast/>
- Please do what is best for you and your health, consult your doctor. If you know you cannot do this, then do your best.
- Other things to fast:
  - Social media
  - Television
  - Radio
  - News/Media

# WHY FAST?

- What makes someone want to fast? In America, we want someone to sell us an idea. Fast so that you can be skinny, or fast to detox your body. Fast to get something from God. But we learn to fast so that we can grow closer to God and use the time to deepen our devotion and invoke His wisdom for our lives. Our level of intimacy with God will determine how much victory and success we experience in our lives. You do not have an intimate relationship by default just because you are born-again. An intimate relationship with God is available to every believer, but it must be cultivated, nurtured, and developed like any other relationship. If we are not careful, we can get so caught up in the “doings” of Christianity that we neglect the foundation principle of Christianity and that is our relationship with God. God wants to be involved in every area of your life. He wants to communicate with you on a daily basis. Therefore, it is imperative that we do everything necessary to cultivate our relationship with God and deepen our levels of intimacy with Him.

# OUR FOCUS

- 1. Consecration** - Qadesh is the Hebrew word for **CONSECRATE**. The Hebrew letter carries specific meanings. They are as follows:
  1. Kuf- back of the mind and means behind. the last the least
  2. Dalet - is the picture of a doorway and points to the place where change can take place; or a place of decision.
  3. Sheen - is the picture of teeth and it means to consume, to destroy or to press
  4. Consecration involves humbling ourselves to the will of God in making decisions for our lives that. Our desire in consecration is that God's grace would consume our lives.
- 2. Clarity** - to make life clear you have to shut things out and intensify focus. Nehemiah would fast for 4 months for clarity and favor but we will fast for 12 days. During that time we are believing for clarity for our lives individually and collectively.
- 3. Communing** - taking time to learn the art of communing with our God. Existing truly in perpetual presence and living daily in his empowering Grace takes intentional practice and awareness brought on through fasting and prayer.

THINGS TO REMEMBER

- **Pray and confess your sins**

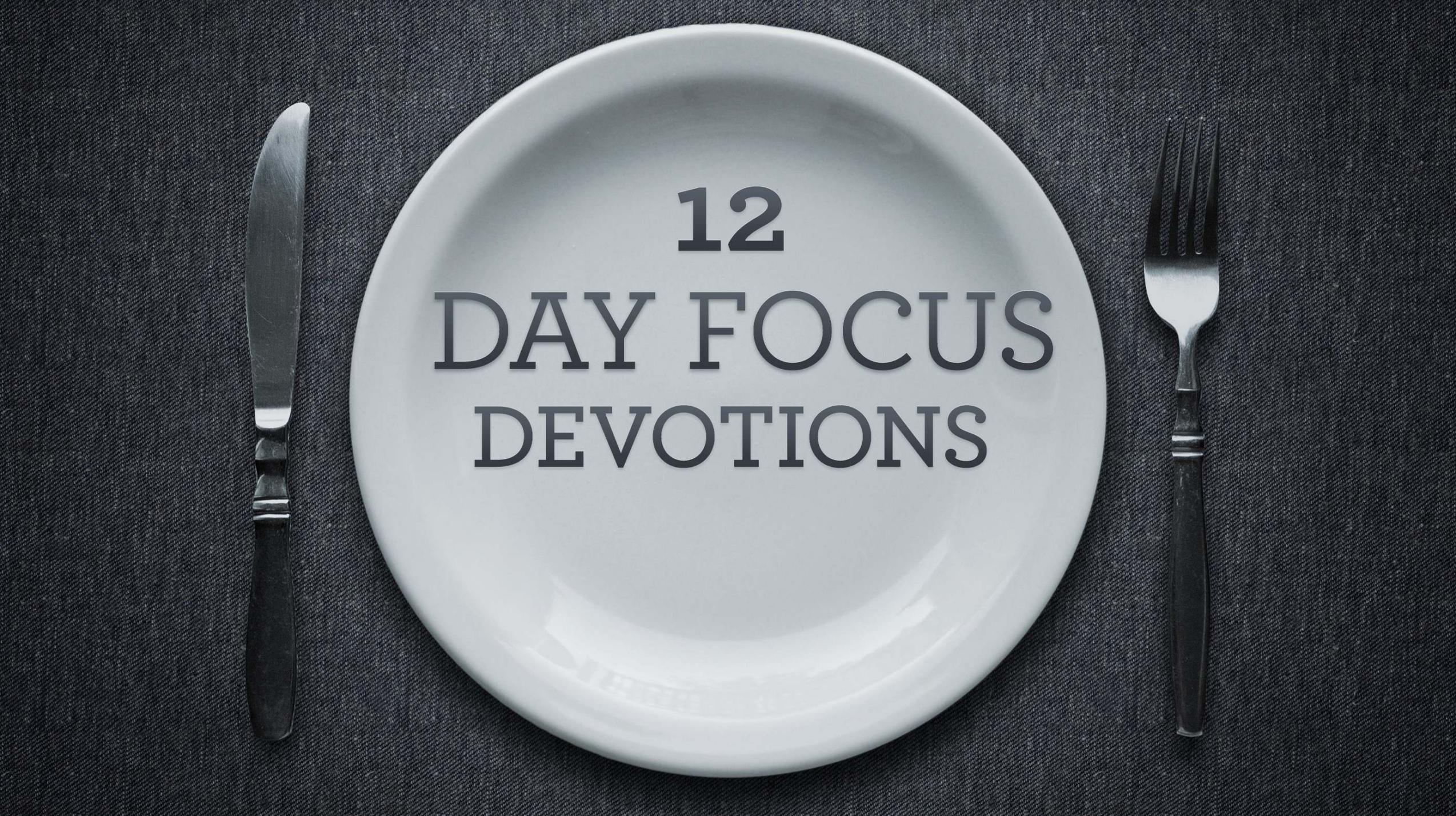
- A necessary step before fasting is to humble yourself before God (see Psalm 35:13) and confess your sins (see 1 Samuel 7:6). Prayer should be our sustenance throughout the fast, but it is imperative we begin the fast with a contrite heart.

- **Turn to Scripture**

- Spend time with these devotions. Spend additional time meditating on God's Word, before and during the fast. Study, journal points that speak to you and that you learn. Write out those things that you are impressed to study. Meditate on the devotions and guide your time with the Word of God and the God of the Word.

- **Practice Confessions**

- The power of life and death are in the tongue so make your daily confessions to speak over your life and be filled with the fruit thereof.



**12**  
**DAY FOCUS**  
**DEVOTIONS**

# Day 1-Consecration: *THE BEGINNING OF A DEEPER RELATIONSHIP*

## *Exodus 19:1-17*

*1*In the third month after the sons of Israel had gone out of the land of Egypt, [a]on that very day they came into the wilderness of Sinai. *2*When they set out from Rephidim, they came to the wilderness of Sinai and camped in the wilderness; and there Israel camped in front of the mountain. *3*And Moses went up to God, and the LORD called to him from the mountain, saying, "This is what you shall say to the house of Jacob and tell the sons of Israel: *4*'You yourselves have seen what I did to the Egyptians, and how I carried you on eagles' wings, and brought you to Myself. *5*Now then, if you will indeed obey My voice and keep My covenant, then you shall be My [b]own possession among all the peoples, for all the earth is Mine; *6*and you shall be to Me a kingdom of priests and a holy nation.' These are the words that you shall speak to the sons of Israel."

*7*So Moses came and called the elders of the people, and set before them all these words which the LORD had commanded him. *8*Then all the people answered together and said, "All that the LORD has spoken we will do!" And Moses brought back the words of the people to the LORD. *9*Then the LORD said to Moses, "Behold, I will come to you in a thick cloud, so that the people may hear when I speak with you and may also trust in you forever." Then Moses told the words of the people to the LORD.

*10*The LORD also said to Moses, "Go to the people and consecrate them today and tomorrow, and have them wash their garments; *11*and have them ready for the third day, for on the third day the LORD will come down on Mount Sinai in the sight of all the people. *12*But you shall set boundaries for the people all around, saying, '[c]Beware that you do not go up on the mountain or touch the border of it; whoever touches the mountain shall certainly be put to death. *13*No hand shall touch him, but he shall certainly be stoned or [d]shot through; whether animal or person, the violator shall not live.' When the ram's horn sounds a long blast, they shall come up to the mountain." *14*So Moses went down from the mountain to the people and consecrated the people, and they washed their garments. *15*He also said to the people, "Be ready for the third day; do not go near a woman."

*16*So it came about on the third day, when it was morning, that there were [e]thunder and lightning flashes and a thick cloud over the mountain and a very loud trumpet sound, so that all the people who were in the camp trembled. *17*And Moses brought the people out of the camp to meet God, and they stood at the [f]foot of the mountain.

# Day 1-Consecration: *THE BEGINNING OF A DEEPER RELATIONSHIP*

Moses was instructing the children of Israel to develop the mindset of humility if they are to receive more of God. God was trying to develop a relationship with the children of Israel. The purpose of meeting with God is so that they may be empowered through their obedience to become the people God wanted them to be. This essence of becoming was going to require the Word of the Lord and a Word from the Lord. The end of the consecration was to prepare to hear the word of God. Isn't it interesting that receiving the word of the Lord requires heart and head preparation? Our time of fasting is for preparation. Going into anything new requires a high level of awareness of how prepared we are for it. If God were to speak to you today about your future, family or finances would you be ready to receive it or would you reject it?

God wants to see us move to a new relationship with him. The purpose of consecration is to set ourselves apart and to willingly live from behind the will of God and not in front. This is to happen so that everything that's not like God in our lives can be consumed and destroyed by the grace of our God.

As we start this 12 day consecration. Let's do so with the mindset of what needs to be placed under the submission of God? What changes need to take place in our lives? What portions of our flesh do we need God to help us destroy?

# Day 1-Consecration: *THE BEGINNING OF A DEEPER RELATIONSHIP*

## Prayer

*Our Father in Heaven, thank you for the opportunity to grow closer to you through our times of fasting, denial and devotion. I pray that you will speak to the areas of my life that needs to change and that you will help us to submit to the Word of God in our life. Form me and shape me according to your Word. Amen!*

## My Confession

My confession today is that I will allow the word to form and shape my thoughts and behaviors. I will prepare my mind for the changes that God will allow in my life. I live in expectation of God's best and I prepare for it starting today.

# Day 2-Consecration: CONSECRATION FOR CHANGE

## Joshua 3:1-11

1Then Joshua got up early in the morning; and he and all the sons of Israel set out from Shittim and came to the Jordan, and they spent the night there before they crossed. 2Then at the end of three days the officers went through the midst of the camp; 3and they commanded the people, saying, "When you see the ark of the covenant of the LORD your God with the Levitical priests carrying it, then you shall set out from your place and go after it. 4However, there shall be a distance between you and it of about [a]two thousand cubits by measurement. Do not come near it, so that you may know the way by which you shall go, for you have not passed this way before."

5Then Joshua said to the people, "Consecrate yourselves, for tomorrow the LORD will do miracles among you." 6And Joshua spoke to the priests, saying, "Take up the ark of the covenant and cross over ahead of the people." So they took up the ark of the covenant and went ahead of the people.

7Now the LORD said to Joshua, "This day I will begin to exalt you in the sight of all Israel, so that they will know that just as I have been with Moses, I will be with you. 8So you shall command the priests who are carrying the ark of the covenant, saying, 'When you come to the edge of the waters of the Jordan, you shall stand still in the Jordan.'" 9Then Joshua said to the sons of Israel, "Come here, and hear the words of the LORD your God." 10And Joshua said, "By this you will know that the living God is among you, and that He will assuredly drive out from you the Canaanite, the Hittite, the Hivite, the Perizzite, the Girgashite, the Amorite, and the Jebusite. 11Behold, the ark of the covenant of the Lord of all the earth is crossing over ahead of you into the Jordan.

# Day 2-Consecration: *CONSECRATION FOR CHANGE*

Joshua and the children of Israel were in the process of crossing over into the promised land. This was the time that they have been waiting for. The long awaited moment of stepping into what God promised. Can you just imagine the sense of excitement to crossing over? By this time the Children of Israel has had forty years of anticipation that included many miracles and losses along the way. Moses had brought them to the brink of the promise and yet there was something necessary to have a successful crossover. They had to **CONSECRATE** themselves before they were able to transition into their promise. Forty years of promise that has lead to forty years of anticipation is coming to this one moment of **CONSECRATION**.

The promised land exists but crossing over into it costs. Joshua instructed the people that they must consecrate themselves in preparation. Change was coming the next day and they needed to prepare for their change. They had to participate The best way to prepare for change is **CONSECRATION**. Fasting helps to shift and conform the mind to be ready for what's coming.

They were waiting on their promise and yet their promise was waiting on them. Consecration is the ticket to your promise. It is the process of preparation to meet your destined purpose. What's waiting on you on the other side of this **CONSECRATION**? What do you have to do to participate in the process of your future? What future does your fasting prepare you for? Now allow God to raise your expectation.

# Day 2-Consecration: *CONSECRATION FOR CHANGE*

## Prayer

*Father thank you for your Words and the opportunity to change. And I thank you for the changes that you will walk me into and for the mindset to handle it. I ask for your grace in keeping this consecration and preparing my heart and mind for your promises*

## My Confession

I walk in high expectation that my mind is being postured for my purpose and prepared for my promise. I expect that God is empowering me for my future right now.

# Day 3-Consecration: CONSECRATION FOR CALLING

## **Nehemiah 1:1-4,**

1The words of Nehemiah the son of Hacaliah.

Now it happened in the month Chislev, in the twentieth year, while I was in Susa the [a]capitol, 2that Hanani, one of my brothers, [b]and some men from Judah came; and I asked them about the Jews who had escaped [c]and had survived the captivity, and about Jerusalem. 3And they said to me, "The remnant there in the province who survived the captivity are in great distress and disgrace, and the wall of Jerusalem is broken down and its gates have been burned with fire."

4Now when I heard these words, I sat down and wept and mourned for days; and I was fasting and praying before the God of heaven.

## **Nehemiah 2:1-8**

1And it came about in the month Nisan, in the twentieth year of King Artaxerxes, that wine was before him, and I picked up the wine and gave it to the king. Now I had not been sad in his presence. 2So the king said to me, "Why is your face sad, though you are not ill? This is nothing but sadness of heart." Then I was very much afraid. 3And I said to the king, "May the king live forever. Why should my face not be sad when the city, the [a]site of my fathers' tombs, is desolate and its gates have been consumed by fire?" 4Then the king said to me, "[b]What would you request?" So I prayed to the God of heaven. 5Then I said to the king, "If it pleases the king, and if your servant has found favor before you, I request that you send me to Judah, to the city of my fathers' tombs, that I may rebuild it." 6Then the king said to me, with the queen sitting beside him, "How long will your journey be, and when will you return?" So it pleased the king to send me, and I gave him a definite time. 7And I said to the king, "If it pleases the king, let letters be given me for the governors of the provinces beyond the River, so that they will allow me to pass through until I come to Judah, 8and a letter to Asaph the keeper of the king's forest, so that he will give me timber to make beams for the gates of the citadel which is by the [c]temple, for the wall of the city, and for the house to which I will go." And the king granted them to me because the good hand of my God was on me.

# Day 3-Consecration: *CONSECRATION FOR CALLING*

Often times we don't understand the power of prayer and how prayer helps us to tap into the providential plans of God. We see this principle in Nehemiah's prayer and fasting inspired by the news of the children of Israel and the remnant's welfare. You see they left to rebuild the Temple of God destroyed by the Babylonians and now through the providential plans of God Nehemiah is impacted deeply to pray and fast. Before the calling comes to him to rebuild the walls of Jerusalem an impression comes to him to fast and pray for favor with the King. Before calling comes consecration.

What is God calling you to do this year that inspires your prayers today? What news has come to you that inspires you to pray? How can you get involved in God's providential plan for this your life and for this world? Pray about it today and see what God says.

# Day 3-Consecration: *CONSECRATION FOR CALLING*

## Prayer

*Dear Heavenly Father, thank you for the divine inspirations that move us to pray. Thank you for the opportunity to hear from you regarding our participation in your plans. We pray for favor with those who can assist us in doing what you have called us to.*

## My Confession

Today I walk in divine favor over my life knowing that God has a plan for me and favor for His plans!

# Day 4-Consecration: *CONSECRATION FOR SAFETY AND DIRECTION*

## Ezra 8

*21Then I proclaimed a fast there at the river of Ahava, to humble ourselves before our God, to seek from Him a [k]safe journey for us, our little ones, and all our possessions. 22For I was ashamed to request from the king troops and horsemen to [l]protect us from the enemy on the way, because we had said to the king, "The hand of our God is [m]favorably disposed to all who seek Him, but His power and His anger are against all those who abandon Him." 23So we fasted and sought our God concerning this matter, and He [n]listened to our pleading.*

# Day 4-Consecration: *CONSECRATION FOR SAFETY AND DIRECTION*

The past couple of years have been treacherous. Never before have we seen in our lifetime such death, mourning and grief. Life already presents you with challenges that can over take you if you are not careful. This year is no different. We see in this text that there are dangers and pitfalls in the journey of life and certainly waiting for us this year.

In this text, Ezra assumes that he may command a fast now, in connection with the perils of the coming journey. The Jews were commanded to "afflict themselves" on the great day of atonement (Leviticus 16:29), and understood that the affliction was to be mainly by fasting and abstaining from the bath. Ezra had procured Levites to go along with him, but what would that avail unless he had God with him? This is therefore his chief care to have God with him on this journey. No doubt he had himself begged of God direction in this affair, from the first time he had it in his thoughts: but for public mercies, public prayers must be made, that all who are to share in the comfort of them, may join in requests for them. Thus, in all our ways we must acknowledge God so that He can direct and protect our paths. That to ask of him a right way, or "a direct road," i.e. a prosperous and unimpeded journey to Jerusalem, is the concern of this fast. The colonists went up attended by their families and because of the dangers on the journey their families would be in danger as well.

How many times do we awaken out of our protected sleep and not ask for a protected day? Do we really ask God to direct and protect our paths? What enemies may be lurking around the corner and down the road that we may not see? This is a long year so let's ask for God's protection and direction for us and our entire families.

# Day 4-Consecration: *CONSECRATION FOR SAFETY AND DIRECTION*

## Prayer

*Lord thank you for being a protector to the praiser. Thank you for your continued guidance through the treacheries of this year. As we are all journeying towards your destined plan order our footsteps that we may be lead by you. Direct us that we may delight in our ways and that you may Glory in our paths. Protect our families along the way. Amen!*

## My Confession

**Today my steps are ordered and God's will for my life is done. I confess that me and my family will be protected and that we may be guided to God's will for our lives. I decree safety and security as I move about the Earth today!**